



TRAINING FOR SAFER USE OF MEDICATION AND IMPROVEMENT OF HEALTH LITERACY



Every day, millions of people need to use medication – but not everyone understands how to administer or take them safely. In fact, the World Health Organization (WHO) estimates around 50% of people who take medication fail to take their medicines correctly. However, medication safety doesn't end at the point of use—improper storage can reduce effectiveness, while incorrect disposal contributes to environmental harm and public health risks. Additionally, as medication involves vaccines, vaccination hesitancy may undermine public health while fewer people are protected through vaccination. This can cause diseases that we could have prevented to spread and make more people ill.

That's where MedLit comes in.

MedLit is an innovative Erasmus+ project focusing on improving medicine and vaccine literacy for adults across Europe. MedLit aims to provide clear, science-based resources to enhance knowledge, awareness, and skills in the safe use of medications and vaccine literacy.

WHAT IS MEDLIT?

MedLit is a 3-year project (01/11/2024 - 31/10/2027) developed by a consortium of leading organizations and universities across Europe. The project will offer a **free, interactive digital platform** to learn more on topics like:

- Use of antibiotics and their relationship to respiratory diseases
- Importance of vaccinations
- Mental health and medication management
- Proper disposal of medications and overdose prevention
- Medication safety for children
- Storage of medications and their interactions with alcohol and other substances

The platform will be freely accessible online and in multiple languages, in particular English, German, Polish, and Greek.

The platform will be available at any time and anywhere —on your phone, tablet, or computer.



END USERS

The end users of the project are **older people, parents, patients, carers**, especially those with a disadvantaged socioeconomic background, and **adult health education providers**.



DESIGNED WITH YOU IN MIND TO BE

Inclusive...

MedLit emphasizes inclusion, particularly for older adults, patients, parents, caregivers, and others who may be left behind in health conversations in Europe.

The goal? Build confidence and ensure every person has the tools to stay safe and healthy, and make informed decisions.

Informing...

MedLit is built around real medical needs. Through co-creation activities, participants will help shape the content and format of the online platform so that it is practical, relatable, and easy to follow.

Impactful...

With support from community members and adult educators, MedLit also encourages peer education—spreading knowledge from one person to the next.



SPECIFIC OBJECTIVES

The project will:

1. Develop an evidence-based, interactive, digital training curriculum that will improve and build skills related to the safe use of medication.
2. Increase awareness about the safe use of medication among parents, carers, older people especially those from low socioeconomic backgrounds.
3. Enhance partner capabilities as well as relevant adult education providers to develop and deliver relevant training.
4. Increase awareness and skills of communities, organisations, and relevant stakeholders at EU level on the newly produced training and the importance of promoting safe use of medication.



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WEBSITE: [MEDLITERACY.EU](https://medliteracy.eu)

PARTNERS



www.cut.ac.cy



www.prolepsis.gr



www.givmed.org



www.vi-vi.org



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